



# **Birmingham Exiles Rugby Football Club**

## **Coaches Code of Conduct**

**All coaches must abide by the following code of conduct. If coaches don't understand the following, then questions must be raised during the induction process:**

1. All coaches must carry out a fully enhanced CRB Disclosure check prior to working with children under the age of 18 years old. Coaches must also have a recognised certificate of coaching to enable the delivery of rugby within the club. It is strongly advisable for all coaches to have carried out first aid awareness and a child protection course to enhance their ability and knowledge. BERFC has its own minimum requirements which are managed by the committee.
2. Time keeping is essential, along with a professional attitude before, during and after sessions/matches. All coaches must provide written documentation of session plans and record any issues that took place. Please report any issues to the appropriate person within BERFC.
3. Be aware of all players needs and discover the way each person understands in a way to gain their best performance. Recognise the outside demands of a player so you can adapt your way of delivery accordingly for the benefit of the individual.
4. Allow each player the same opportunity to participate, during matches and training and offer the high level of support that would be expected from you. Value each player in a positive way and incorporate them as part of the team.
5. Discover the background of a player to assist with personal development. Never ridicule a player or belittle them in anyway, however encourage positive learning.
6. Show good practice in your approach, attitude and delivery to enable a positive example to be set to all players offering respect to the officials of the game and also within the club environment.
7. Safety is paramount so please ensure that training sessions and matches are planned and set up accordingly. Look out for injuries and stay clear of participation especially with contact exercises. Be aware of personal contact during praise and comfort and don't allow yourself to be in a situation where you are accused of physical or sexual abuse.
8. A good coach will always look professional and wear the appropriate clothing. A good coach will always keep looking for ways to improve and learn. A good coach will always listen and consider suggestions.

**Birmingham Exiles RFC has the following motto "Forward in Unity". We would like all coaches to join us in this motto and assist the club to take steps forward, work in partnership and create great friendships along the way.**